

Letters of Hope Service Project

"You never know when one act or one word of encouragement can change a life forever." -Zig Zigler

Volunteers Opportunity: Volunteers play an essential role in powering Abbott House's mission. Our team of tutors, mentors, teaching artists, musicians, organizers, and social-media advocates impact lives every day – and in extraordinary ways!

A letter of hope is a powerful way to connect with people in care through uplifting words of encouragement and inspiration. This is a great activity to complete on your own or with family and friends.

How many letters does Abbott House need?

We care for thousands of children, teens and adults each year, so the need for letters is ongoing. Feel free to send one or one hundred!

Who will receive my message?

Letters will be hand-distributed by staff to children and teens in our foster care program, group homes, and the TRC Program, as well as adults with developmental disabilities in our DayHab and Residential Programs.

How long should my Letter of Hope be?

It's up to you! Just a few lines or a meaningful quote can let someone know you care and can go a long way, but you are welcome to write a longer letter if you choose.

Feel free to use note cards, plain, or lined paper, it's the thoughtful content that counts! Handwritten messages are preferred but typing and printing is okay too. Children are also encouraged to send drawings.

Interested? Volunteers are invited to send letter(s) directly to Abbott House. Please send all letters to ATTN: Development and Communication Department - 100 North Broadway, Irvington, NY 10533 or email to development@abbotthouse.net

Should I sign my name?

We ask that you address your note anonymously so that it can be distributed to any client and encourage you to use an anonymous sign-off such as "Abbott House volunteer" or simply, "a friend." **Just be sure to include your full name and address on the outside mailing envelope, so we can thank you for the gift of your time and service.**

Sample note

Dear Friend,

As a volunteer with Abbott House, I want to reach out to remind you to stay positive. I know times are hard but stay positive and focused because good times are coming your way. I am thinking of you. Beautiful moments are in your future. Remember to take care of yourself. You matter, and you are loved.

*Best wishes,
An Abbott House Volunteer*

Can I receive volunteer service hours?

If you would like a letter confirming your service hours, please email us at Development@abbotthouse.net.

We will credit 1 hour of service for every 3 notes written.

