

**ABBOTT HOUSE**

2018 ANNUAL REPORT



Because no matter  
how small...





...an act of kindness or generosity or simple positivity you put out into the world will make a difference.

—Wonder Woman comic



JAMES L. KAUFMAN



GREGORY T. MOONEY

**2018 was full of WONDER for Abbott House.**

We witnessed overwhelming heartbreak and trauma when children were separated from their parents at the border. Yet we also witnessed incredible kindness and generosity from **Wonderful people like You**, who championed for them and all those within our care. You strengthened their resolve and encouraged their resilience simply by stepping forward.

You helped us get through this rough time, and we are grateful. But moments like this remind us that there is still much work to be done. Through challenging circumstances, and with **your steadfast kindness**, every day we ensure that children, struggling families and adults with developmental disabilities have the safety they need to heal and build hope for their futures.

The individuals we support are among the most vulnerable in our community and often lack access to opportunities that can help them move forward. It is only **with your commitment** that together we can help fight on behalf of those who cannot yet fight for themselves.

Like Wonder Woman and so many other Super Heroes, **You are worth celebrating**. You are part of our Super Hero Squad, and we look forward to continuing to make a difference together.

On the pages that follow, you will read about some of the Wonder Women here at Abbott House and others who fight for justice for all those in our care. We hope you are moved and inspired but more importantly, reminded why your support makes a difference. **Thank you for standing proudly with us.**

Sincerely,

James L. Kaufman, LCSW-R  
President and CEO

Gregory T. Mooney  
Board Chairman



# Abbott House

Abbott House builds lasting foundations under children, families and adults with complex needs. We support more than 2,800 children in foster care, unaccompanied immigrant minors, adults with developmental disabilities and struggling families in the New York region. We accomplish this by providing safety, promoting healing and restoring hope.

The heart of our work is dedicated to helping human beings recover from deep trauma or intervening to prevent trauma in the first place.

Family comes first at Abbott House. We work hard to reunite families, create new ones and make promising futures a reality so those entrusted to our care feel a sense of belonging rooted in home and community.

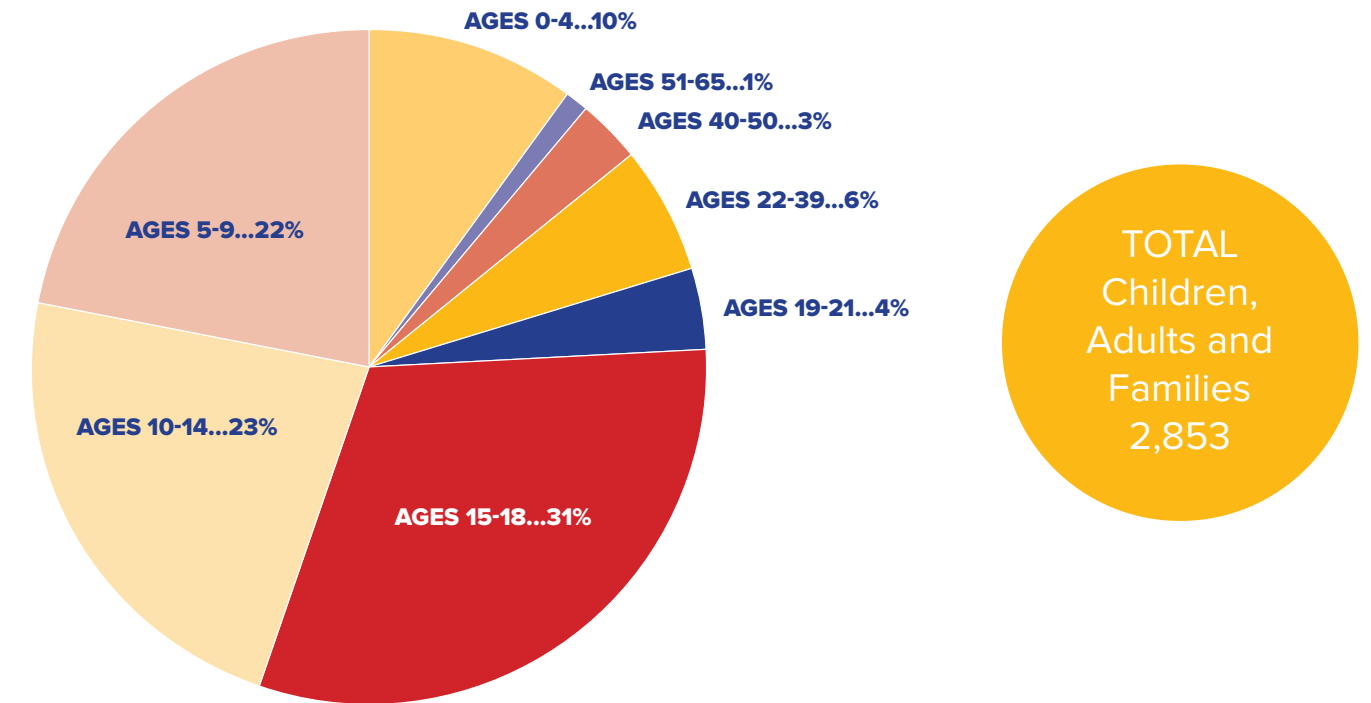


## IN THIS REPORT

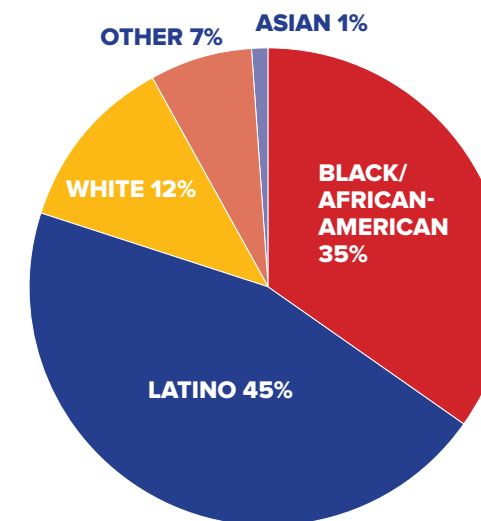
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# Who We Served

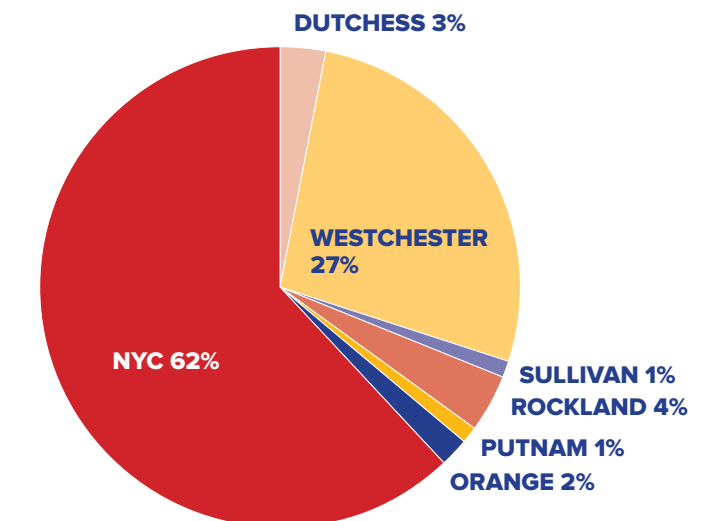
## Ages



## Ethnicity



## Location



# Safety

Safety is the foundation for emotional and physical well-being. People affected by trauma tend to feel unsafe in their bodies and in their relationships with others.

Helping children, struggling families, and adults with developmental disabilities to feel safe happens in many different ways. Providing nutritious meals, warm beds, and accessible homes are just a few of the ways we help ensure their safety. But safety is more than securing a physical environment or providing basic needs. Trust is essential to creating a sense of safety; trust is the anchor that calms insecurity and instability. You help us build trust by supporting the training of foster parents and staff to be sensitive when developing relationships with individuals. The stability of consistent, reliable support and clear expectations, responsibilities and boundaries helps people relax and begin to understand they truly are safe.

#### **BECAUSE OF YOU:**

**437 children and adolescents** had a safe, comfortable place to live.

**121 children** were welcomed into Abbott House's foster care program.

**48 children** (92% of siblings) were able to be placed together with their siblings.

**103 individuals with developmental disabilities** had a safe and supervised home to live and grow in.

**250 unaccompanied immigrant children seeking asylum** were welcomed and safely reunited with family or sponsors.

**207 foster parents** were recruited, trained and supported.



If no one else will defend  
the world, then I must.

—Diana WONDER WOMAN MOVIE

# Super Heroes in Action

Everyone can do something wonderful to make a difference.

**Abbott House Honors The Wendle Family** Katie, Lily and Lauren Wendle are honored with the “Friend of Abbott House Award” for their outstanding commitment to our Transitional Resources for Children (Migrant Children) Program. (1)

**Art Room Renovation** Regeneron colleagues joined forces with Volunteer New York and Abbott House Volunteers Jill Hayes and Aggie Shah to breathe new life into the Art Room as part of their company-wide initiative “Day for Doing Good.” (2)

**Abbott House Honors Mercy College** The Mercy College Women’s Lacrosse Team are honored at Abbott House’s annual Gala with the “Friend of Abbott House Award” for their volunteer support with our Adult Day Habilitation Program. (3)

**Woman’s Club of White Plains** Abbott House Chief Development Officer Lauren Candela-Katz with fellow members of the Woman’s Club of White Plains, whose annual event, “Corks and Forks” benefitted Abbott House in 2018. (4)

**Families First Club Fundraiser** Meghan Hayes, her sister Kendall Hayes and other students from the Families First Club at Briarcliff High School helped fundraise for supplies to do a pottery workshop at Abbott House. They even helped us pick paint colors for the Art Room! (5)

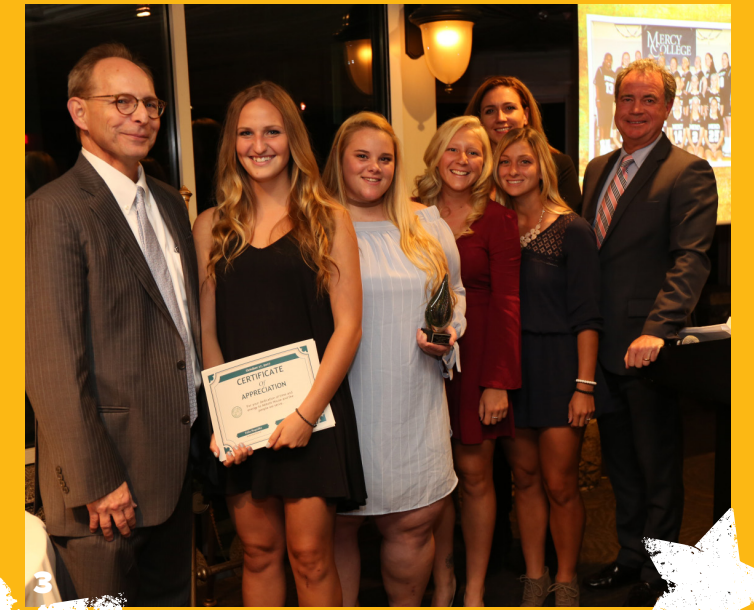
**Kids Helping Kids** Young advocates ran a lemonade stand to benefit Abbott House over the summer in Irvington, NY. (6)

**Help From Hackley** Students from Hackley School brought holiday cheer to Abbott House by coordinating fun activities and purchasing gifts for the TRC children. (7)

**Abbott House Honors Ann Grow and Karen Schatzel** Karen F. Schatzel and Ann E. Grow are honored at Abbott House’s annual Gala with “The Dignity of Family Life Award” for their years of dedication to the children and families we serve. (8)

**Women in Human Services Hall of Fame** *Strong Nonprofits For A Better New York* accepts Abbott House Socio-therapist Anicia Rice into the Women in Human Services Hall of Fame for her outstanding work helping children and families. (9)

**Eagle Scout Soccer Field Project** Max Mallett poses with a fellow Eagle Scout as they complete a full renovation of our kids’ soccer field including new benches, nets, field lines and a scoreboard. (10)



# Healing

Once children in foster care, struggling families and adults with developmental disabilities who have experienced trauma feel safe, the process of healing is about putting words and emotions to it and making meaning of it. It is only then that individuals can mourn the losses associated with their trauma and express their emotions they need to heal. For some individuals, empowerment is a form of healing; particularly for adults with developmental disabilities. We help support individuals to identify and acknowledge their skills and abilities and empower them to focus on their strengths.

## **BECAUSE OF YOU:**

**252 children and adolescents** received additional support services through our Bridges2Health program.

**40% of individuals with developmental disabilities** in our supervised homes have successfully increased their independence in the home as well as in the community so they can enjoy a more individually driven life.

Our clinical team analyzed behavior data and strategically faded restrictions to **increase self-determined living by 65%**

**100% of permanent placements** were preserved through our Permanency Resource Center Program with in-home counseling, trauma informed interventions, advocacy and referrals.

We nearly **doubled the number** of children receiving mentoring, individual and group sessions in the Community Schools program.



Now I know that only love  
can truly save the world.  
So I stay, I fight, and I give,  
for the world I know can be.

—Diana WONDER WOMAN MOVIE

# The Power of Teamwork

Together we make wonderful things happen at Abbott House, and there's never a shortage of smiles!

**Halloween Dance Fun** Enjoying a spooky celebration at the annual Halloween Dance for Adults with Developmental Disabilities. (1)



1

**Naked Angels Writing Workshop** Thanks to our friends and partners at Culture for One, five actors from the Naked Angels Theater Company taught a 90-minute writing workshop to nine boys in our TRC Program. The teaching artists helped the children write their own short plays and then performed each one. (2)



2

**Foster Family of the Year Recipients** Abbott House foster parents, Nancy and Jose Reyes, are honored as "Foster Parents of the Year" by PrepNOW! in New York City. (3)



3

**Honoring Abbott House** Messages of Hope International Ministries (MOHIM) presents Abbott House with a generous donation at their 2018 Christmas in Washington Musical Gala. (4)



4

**Bundles of Joy Lend Assistance** Bundles of Joy, a charitable organization that provides essentials to babies, toddlers and new parents in critical need, collected and delivered much-needed items and activity bundles to the children in our TRC Program. (5)



5

**Junior League of Westchester Partners with Abbott House** Women from the Junior League of Westchester strike a pose with Chief Development Officer Lauren Candela-Katz, celebrating Abbott House's partnership in housing the Westchester County Diaper Bank at the Irvington, NY campus. (6)



6

**Spring Fling Celebration** Abbott House's first annual Spring Fling Dance for Adults with Developmental Disabilities at the Doubletree Hotel in Tarrytown, NY. (7)



7

**Engage in Song Sing-A-Long** Volunteers from Bet Am Shalom and Engage-in-Song taught the children songs like "Twist and Shout" and "Take Me Out to the Ball Game." By the time they began singing "Shout" by the Isley Brothers, everyone was out of their seats dancing! (8)



8

# Super Hero Squads Amongst Us

A little heart from a lot of people can make a big impact. Mission accomplished!

**USI Supports Toy Drive** Employees from USI Northeast volunteer to sort toys during Abbott House's annual Holiday Toy Drive. (1)



**Morgan Stanley Helps Us Get Organized** Morgan Stanley employees took on the task of sorting piles of donated clothing in one of several storage rooms. (2)



**Morgan Stanley and TRC Honor Troops** Morgan Stanley colleagues helped children craft beautiful cards of gratitude for the men and women in our military as part of the "Operation Gratitude" effort. (3)



**Westchester Community College Art Club** Members of the Art Club at Westchester Community College deliver donated gifts to Abbott House's annual Holiday Toy Drive. (4)



**Regeneron Paints a Mural in the Art Room** Regeneron colleagues show off their hand-painted ceiling tile masterpieces! (5)



**NY Liberty Basketball Clinic** A New York Liberty team member spends time with Abbott House residents Ray and Charles at the team's visit to the Irvington, NY campus, where they conducted a basketball clinic for children and adults. (6)

**Bergen County College Organizes Inventory** Students from Bergen County Community College spent a day sorting and organizing hundreds of donations, so they could be distributed to agency programs. (7)



**Regeneron Inspires Young Scientists** Scientists from Regeneron stopped by Abbott House to lead children in a STEM activity of extracting the DNA from strawberries. (8)



## 2018 Financial Overview

### REVENUE

Government Contracts and Grants.....	\$46,607,647
Contributions .....	\$347,746
Rent Income .....	\$48,000
Other.....	\$988,244
<b>TOTAL Revenue .....</b>	<b>\$47,991,637</b>

### EXPENSES

Program Services .....	\$43,261,493
Management & General/Fundraising .....	\$4,676,524
<b>TOTAL Expenses .....</b>	<b>\$47,938,017</b>

Note: Excludes non-operating activities and other changes.



# Abbott House Super Heroes

You make a world of difference in helping children, families, and individuals build a better future! Thank you!

Ernest and Kathleen Abrahamson  
Accessories by Anna  
Dale Adams  
Josh Adams  
James Ade  
Al Martinello Plumbing & Heating Inc  
Eric Alderman  
Suzanne Allen  
Alpha Alpha Omega Zeta Chapter  
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Darya Burakov  
Bryon Burger  
Vonda Buzanski  
Raymond Caggiano  
Joan Caiazzo Sherman  
Leah Calleo  
Michael Katz and Lauren Candela-Katz  
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Gary Carol  
Christina Caron  
Bridget Carter  
Marie Caruso  
Clara Casey

James and Barbara Casey  
Ian Ceppos  
Robert Ceske  
Philippe Chahinian  
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Gi Choi  
Grace Christakos  
Justine Christakos  
Church of St. Barnabas  
Michael Ciaramella  
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**A BIG THANK YOU TO OUR VOLUNTEERS! So many projects and initiatives would not be possible without our Volunteers! YOU make a difference! There are too many of you to list, but we know who you are, and we are grateful for your commitment to furthering the mission of Abbott House. We salute you!**

**THANKS TO OUR GOVERNMENT PARTNERS!**

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**Our own foundations are constructed on the work of highly skilled staff, community and corporate volunteers, and incredibly generous donors — all with a steadfast commitment to building promising futures for our children, families and adults.**



#### How can you help build bridges to a promising future for children, families, and individuals?

**DONATE** You can offer financial support to address many urgent needs in a number of ways that make a direct impact on building promising futures.

**VOLUNTEER** You can share the gift of time by volunteering to help with an existing volunteer workshop or initiative. Volunteering is a great way to match your talent and passion with the needs of our programs. Visit our web site for a complete list of available opportunities and ways to get involved.

**KEEP IN TOUCH AND HELP SPREAD THE WORD** Our life-changing work depends on your involvement. Life is busy, and we know that your time is valuable. Sign up for our emails and connect with us on social media, so you can decide when it's a good time for you to get involved — and help spread the word about all the wonderful things happening at Abbott House.

**LEAVE A LASTING LEGACY** The future of our mission relies on those who share our desire to build lasting foundations for generations to come. Making a provision in your Will is a beautiful way to ensure that your generous spirit continues to support the children, families and adults at Abbott House.

**MATCHING GIFTS** Did you know that many companies sponsor matching gift programs and will match any charitable contributions made by their employees? Find out if your company participates in this kind of program, and see your gift go the distance!

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What one does when faced with the truth is more difficult than you'd think.

—Diana WONDER WOMAN MOVIE



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