

Kind Words are Priceless!

Give our children a powerful and thoughtful boost of positivity. Kindness Jars can help spread smiles in group homes, counseling areas, program units, cafeterias or family visiting rooms. This is a great group activity and can also be done by individuals who want to remind children in our care that they are not alone.



ABBOTT HOUSE KINDNESS JARS

Supplies

- Small plastic mason jars with lids
- Scrapbook or construction paper, cut into small squares
- Scissors or paper cutter
- Markers, pens, chalk markers, etc.
- Ribbon, stickers or chalkboard adhesive to decorate outside of jars

Directions:

- Prepare jars by removing the lids.
- Cut small pieces of paper. Write words of encouragement on each slip of paper using a marker or pen. Fold each slip of paper and place a bunch in each jar (15 - 20 slips per jar).
- Put lid back on and get creative! Decorate each jar as desired with ribbon and stickers or chalkboard labels, fabric embellishments, etc.

Helpful links:

- **Mason jars on Amazon:** https://www.amazon.com/32oz-Clear-Plastic-Black-Ribbed/dp/B01N2TWKK0/ref=sxin_3_ac_d_rm?ac_md=2-2-cGxhc3RpYyBqYXJz-ac_d_rm&cv_ct_cx=small+plastic+mason+jars&keywords=small+plastic+mason+jars&pd_rd_i=B01N2TWKK0&pd_rd_r=ca9de46d-0b25-4b78-a72b-d7f00bc5b1dd&pd_rd_w=Sl9a7&pd_rd_wg=ACbBY&pf_rd_p=6d29ef56-fc35-411a-8a8e-7114f01518f7&pf_rd_r=CDKDXSGZJYMCHT3DMB4D&psc=1&qid=1578930912
- **Chalkboard Vinyl:** https://www.amazon.com/Cricut-2002362-Vinyl-Chalkboard/dp/B00LJV1JLI/ref=as_li_ss_tl?keywords=chalkboard+vinyl&qid=1550701005&s=arts-crafts&sr=1-4&linkCode=sl1&tag=evergreenh2s-20&linkId=9d8968ea34655ff4b299597dc66fc0e3&language=en_US
- **Chalk Markers:** https://www.amazon.com/Chalkboard-Chalk-Markers-Water-Based-Reversible/dp/B01E17WAQO/ref=as_li_ss_tl?keywords=chalk+markers&qid=1550701128&s=arts-crafts&sr=1-2-spons&psc=1&linkCode=sl1&tag=evergreenh2s-20&linkId=7360898a609861cbe2cbbd28f6065522&language=en_US

Important Details:

- All project items must be delivered to Abbott House on a mutually agreed upon date. No donations can be accepted without prior arrangements.
- The items must be neatly packaged, clearly labeled and include a contact name and phone number.

